

# Table of Contents

## Preparation Days:

1. The Starting Point: Warm-up Stretches
2. God's Love Revealed in My Life
3. God's Perspective: First Principle and Foundation
4. God's Love
5. Understanding Ignatian Indifference

## First Week:

1. Sin
2. God's Forgiving Love

## Second Week:

1. Seeing with the Eyes of Christ
2. Called by Name
3. Kingdom of Christ Meditation
4. Three Kinds of Responses
5. The Immaculate Conception
6. The Annunciation
7. The Nativity
8. The Visit of the Magi
9. The Hidden Years of Jesus
10. The Baptism of Jesus
11. Jesus in the Desert
12. Jesus the Healer
13. Jesus the Friend
14. Jesus the Preacher
15. Jesus the Troublemaker
16. Jesus Returns to Jerusalem

## Third Week:

1. The Last Supper
2. Gethsemane
3. The Trial of Jesus
4. The Way of the Cross
5. The Death and Burial of Jesus

## Fourth Week:

1. The Resurrection
2. The Road to Emmaus
3. Contemplation to Attain the Love of God