

God's Forgiving Love

Grace: Ask for the grace to have the courage to accept God's love and forgiveness

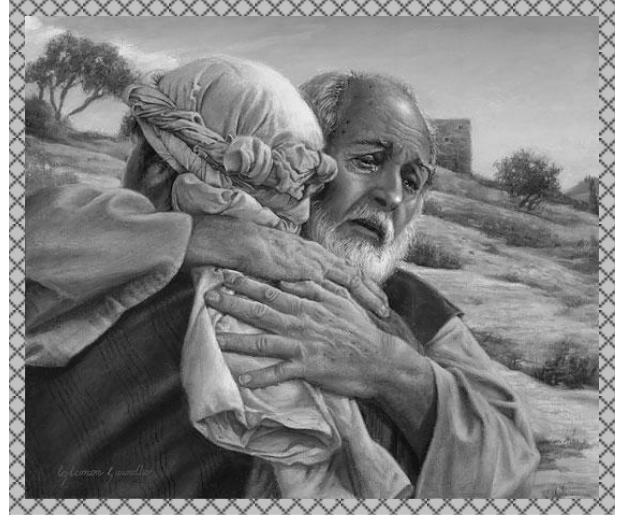
Introduction:

It has been said that the hardest person to forgive is your own self. It takes a great deal of courage to truly accept that God has forgiven you because it means letting go of the past.

There are good reasons sometimes for holding on to the past. Sometimes you might be fearful that if you truly forgive yourself that maybe you will fall into the same trap again. It is quite easy to continue to punish your self (and others) for previous mistakes.

As you try to gain insight in to how God responds not only to your own personal sin but also to the sin of others it is helpful to look at what Jesus teaches about God's forgiving love. You have reflected upon your own experience of sin and now you are trying to understand sin from God's perspective. What do the Scriptures tell you about God's response to your sinfulness?

Read the Scripture passages and select the one that most speaks to YOUR HEART. Re-read that passage and underline any words or phrases that move you. What images, memories, thoughts come to mind? What insights has God shared with you about His response to sin? What is your response to God's message to you about sin? After spending time in reflection, complete the Spiritual Exercise Journal.



Ezekial 36: 25-29 - I will sprinkle clean water on you, and you will be clean; I will cleanse you from all your impurities and from all your idols. I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws. You will live in the land I gave your forefathers; you will be my people, and I will be your God. I will save you from all your uncleanness. I will call for the grain and make it plentiful and will not bring famine upon you.

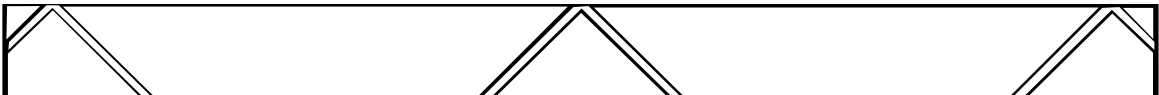
Psalms 103 - Praise the Lord, O my soul; all my inmost being, praise his holy name. Praise the Lord, O my soul, and forget not all his benefits - who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's. The Lord works righteousness and justice for all the oppressed. He made known his ways to Moses, his deeds to the people of Israel: The Lord is compassionate and gracious, slow to anger, abounding in love. He will not always accuse, nor will he harbor his anger forever; he does not treat us as our sins deserve or repay us according to our iniquities. For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us. As a father has compassion on his children, so the Lord has compassion on those who fear him; for he knows how we are formed, he remembers that we are dust. As for man, his days are like grass, he flourishes like a flower of the field; the wind blows over it and it is gone, and its place remembers it no more. But from everlasting to everlasting the Lord's love is with those who fear him, and his righteousness with their children's children - with those who keep his covenant and remember to obey his precepts. The Lord has established his throne in heaven, and his kingdom rules over all. Praise the Lord, you his angels, you mighty ones who do his bidding, who obey his word. Praise the Lord, all his heavenly hosts, you his servants who do his will. Praise the Lord, all his works everywhere in his dominion. Praise the Lord, O my soul.

Luke 15:11-32 The Prodigal Son - Jesus continued: "There was a man who had two sons. The younger one said to his father, 'Father, give me my share of the estate.' So he divided his property between them. "Not long after that, the younger son got together all he had, set off for a distant country and there squandered his wealth in wild living. After he had spent everything, there was a severe famine in that whole country, and he began to be in need. So he went and hired himself out to a citizen of that country, who sent him to his fields to feed pigs. He longed to fill his stomach with the pods that the pigs were eating, but no one gave him anything. "When he came to his senses, he said, 'How many of my father's hired men have food to spare, and here I am starving to death! I will set out and go back to my father and say to him: Father, I have sinned against heaven and against you. I am no longer worthy to be called your son; make me like one of your hired men.' So he got up and went to his father. "But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him. "The son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.' "But the father said to his servants, 'Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. Bring the fattened calf and kill it. Let's have a feast and celebrate. For this son of mine was dead and is alive again; he was lost and is found.' So they began to celebrate. "Meanwhile, the older son was in the field. When he came near the house, he heard music and dancing. So he called one of the servants and asked him what was going on. 'Your brother has come,' he replied, 'and your father has killed the fattened calf because he has him back safe and sound.' "The older brother became angry and refused to go in. So his father went out and pleaded with him. But he answered his father, 'Look! All these years I've been slaving for you and never disobeyed your orders. Yet you never gave me even a young goat so I could celebrate with my friends. But when this son of yours who has squandered your property with prostitutes comes home, you kill the fattened calf for him!' " 'My son,' the father said, 'you are always with me, and everything I have is yours. But we had to celebrate and be glad, because this brother of yours was dead and is alive again; he was lost and is found.' "

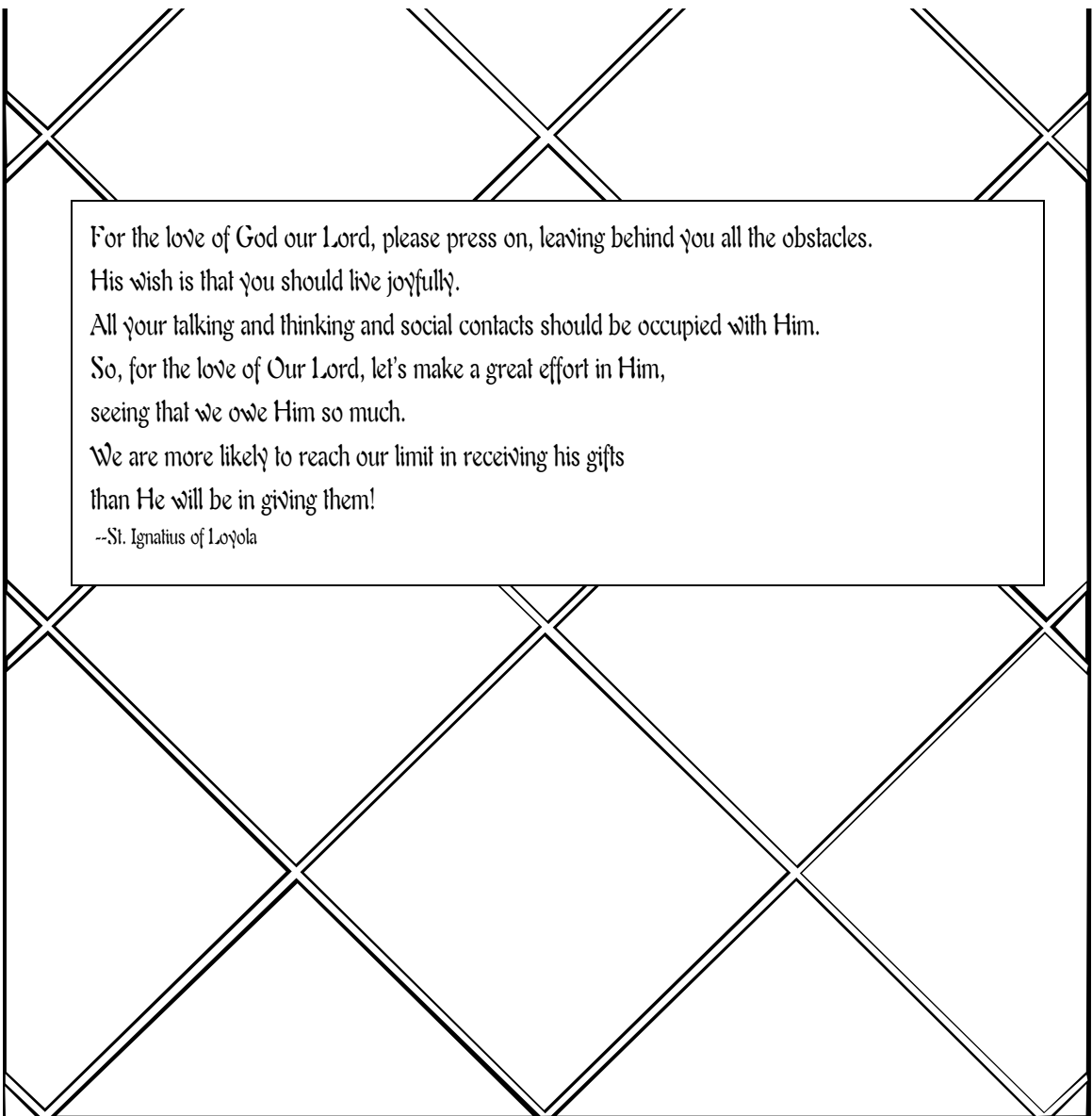


Luke 15:1-10 Lost Sheep/Lost Coin Parables - Now the tax collectors and "sinners" were all gathering around to hear him. But the Pharisees and the teachers of the law muttered, "This man welcomes sinners and eats with them." Then Jesus told them this parable: "Suppose one of you has a hundred sheep and loses one of them. Does he not leave the ninety-nine in the open country and go after the lost sheep until he finds it? And when he finds it, he joyfully puts it on his shoulders and goes home. Then he calls his friends and neighbors together and says, 'Rejoice with me; I have found my lost sheep.' I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent. "Or suppose a woman has ten silver coins and loses one. Does she not light a lamp, sweep the house and search carefully until she finds it? And when she finds it, she calls her friends and neighbors together and says, 'Rejoice with me; I have found my lost coin.' In the same way, I tell you, there is rejoicing in the presence of the angels of God over one sinner who repents."

Luke 7:36-50 The Penitent Woman- Now one of the Pharisees invited Jesus to have dinner with him, so he went to the Pharisee's house and reclined at the table. When a woman who had lived a sinful life in that town learned that Jesus was eating at the Pharisee's house, she brought an alabaster jar of perfume, and as she stood behind him at his feet weeping, she began to wet his feet with her tears. Then she wiped them with her hair, kissed them and poured perfume on them. When the Pharisee who had invited him saw this, he said to himself, "If this man were a prophet, he would know who is touching him and what kind of woman she is—that she is a sinner." Jesus answered him, "Simon, I have something to tell you." "Tell me, teacher," he said. "Two men owed money to a certain moneylender. One owed him five hundred denarii, and the other fifty. Neither of them had the money to pay him back, so he canceled the debts of both. Now which of them will love him more?" Simon replied, "I suppose the one who had the bigger debt canceled." "You have judged correctly," Jesus said. Then he turned toward the woman and said to Simon, "Do you see this woman? I came into your house. You did not give me any water for my feet, but she wet my feet with her tears and wiped them with her hair. You did not give me a kiss, but this woman, from the time I entered, has not stopped kissing my feet. You did not put oil on my head, but she has poured perfume on my feet. Therefore, I tell you, her many sins have been forgiven—for she loved much. But he who has been forgiven little loves little." Then Jesus said to her, "Your sins are forgiven." The other guests began to say among themselves, "Who is this who even forgives sins?" Jesus said to the woman, "Your faith has saved you; go in peace."



In these or similar words ... Forgiveness stands out to me in this passage. I have had many times when I realize I did something wrong like lying, etc. But when I pray later on at night or just during my Examen I can see the forgiveness of God being shown. The fact that God doesn't treat me the way I should be treated after I sin also stands out to me. When I look around me, I see all of my blessings and often think to myself that if God were as mean and spiteful as I sometimes imagine, then I wouldn't have nearly as many blessings as I do. The reading spoke to me because I've often thought of God not treating me for my sins accordingly. When I saw the phrase "praise the Lord oh my soul" was at the beginning and the end of the passage, I immediately thought about all the times I felt far away from God, but he is always ready to forgive me.



For the love of God our Lord, please press on, leaving behind you all the obstacles.
His wish is that you should live joyfully.
All your talking and thinking and social contacts should be occupied with Him.
So, for the love of Our Lord, let's make a great effort in Him,
seeing that we owe Him so much.
We are more likely to reach our limit in receiving his gifts
than He will be in giving them!
--St. Ignatius of Loyola

Practicing What You Preach ... To increase your ability to accept God's love and forgiveness, think about someone who has sinned against you or who owes you a debt. Make a commitment to forgive the debt or to let go of any grudge that you might have against that person.